



# RHYTHM

THE NEWSLETTER  
MGM Allied Health Sciences Institute

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## EDITORIAL BOARD

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DR. PRITI TANEJA

**EDITOR**

MS. POOJA KAUSHIK

## FROM THE FOUNDER DIRECTOR'S DESK

A Long journey, which started in 1997. The First self Financed Course of Madhya Pradesh in Medical Education—"School of Physiotherapy" with 30 seats, was started. It got merged into First Institute of its kind -MGM Allied Health Sciences Institute (MAHSI), in 2018. This Institute is now running 19 courses, Five Masters, Three degrees, nine Diplomas and Two Certificate courses. Total Strength of about 1000 students. Our mission is to develop into one of the finest Institutes in Paramedical studies, in coming three years. We already are in the final stage of signing MoU with a Foreign University. This will provide opportunity for faculty exchange, Students exchange and Research Collaboration. Several of our Students are working Abroad, and have done extremely well. This makes us very proud. From July this year we have started celebrating Silver Jubilee Celebrations which will end in July 2022. In December there will be one week celebration with Sports and Cultural Activities. We are inviting all Alumni to join us. So dear Students, tighten your belts and get ready for Takeoff. This is our First Newsletter, and I Congratulate Dr. Priti Taneja and Ms. Pooja Kaushik for their efforts.

- Dr. D.K.Taneja

## HIGHLIGHTS OF THIS EDITION

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## ABOUT MAHSI



The First College of Physiotherapy in Madhya Pradesh—"SCHOOL OF PHYSIOTHERAPY" was started on 27 July 1997. The Institute has grown steadily in terms of infrastructure, expertise and Patient input. The Foundation of MGM Allied Health Sciences Institute was laid down in the year 2018, which included all the different Paramedical courses under one roof, which has been made possible by the untiring efforts of Dr. D.K Taneja. In May 2018, he conceived the idea of setting up the first Allied Health Sciences Institute in Madhya Pradesh. Since then he has made commendable efforts in developing the Institute. After the Formal approval in August 2018, Dr. D.K Taneja was appointed as Founder Director and joined on 1<sup>st</sup> September 2018. The First Challenge in this Project was to find an appropriate place for the Institute. The Old School of Nursing was identified, visited and renovation of the structure was proposed to give it a modern look and enhanced it with technology to support the education and growth of aspiring students.

Posts were advertised and Shri Ramhari Meena as Principal and Mr. Hemant Shukla as Deputy Director Administration; along with several additional new faculty were appointed. Dr. Anita Mutha was nominated as Chief Coordinator.

Shri R.S Julania, IAS, Additional Chief Secretary of Medical Education Department, Government of Madhya Pradesh, was the brilliant brain behind this whole venture and supported it all heartedly. Within a short span the dream of setting up the first Allied Health Sciences Institute, was fulfilled and is now running in full form conducting various Paramedical courses. The Following Courses are conducted in MAHSI, Undergraduate degree in Bachelor of Physiotherapy, Bachelor of Occupational Therapy, Bachelor in X-ray Radiodiagnosis, Diploma in Medical lab Technology, Microbiology Technician, Dialysis Technician, Blood Transfusion, Human Nutrition, Ophthalmic Assistant, Anesthesia Technician, Radiotherapy Technician; Certificate Courses in Operation Theater Technician and Respiratory Technician; and Post graduation Degree in Physiotherapy

## GLIMPSES OF JOURNEY OF MAHSI



**BEFORE**



**Old Nursing Building**



**AFTER**

## **STUDENTS ACTIVITIES**

### **Republic Day**



The 70<sup>th</sup> Republic Day of India was celebrated with gaiety and patriotic fervor at MAHSI as the first cultural event, amidst the foggy morning of 26<sup>th</sup> January 2019. The Ceremony took place in the presence of Dr. D.K Taneja, Founder Director of MAHSI, HODs of various Departments of MGM Medical College, Staff of MAHSI and students. The ceremony commenced with the unfurling of the National flag by Dr. D.K Taneja .This was accompanied by rendition of the National Anthem led by MAHSI students. The Program moved forward with a patriotic play by students.

### **World Physiotherapy Day**

MAHSI celebrated “World Physiotherapy Day” on September 7, 2019. Dr. D.K Taneja, Founder Director, MAHSI graced the occasion and encouraged the fraternity. The students celebrated the day with various activities viz. Rangoli Competition, Poster Presentation, Quiz Competition and Dance Competition. The attraction of the day was the flute performance by special child-Tanishk, a boy who has fought with his disability; who gave a wonderful performance. The Prize winners of all the competitions were rewarded. Shri Ramhari Meena, Principal appreciated the efforts of the students and motivated them to organize such events in future as well.

### **Debate Competition**

The Inter Class Debate competition between MPT First Year and MPT Second Year Students was held on 8<sup>th</sup> February 2020. The event was held in MAHSI auditorium .The students of MPT as well

as BPT Interns were the enthusiastic audience who witnessed this exciting event. The topic for the day was “Counselling is helpful for Stress in Students”.The competition was judged by Dr. Priti Taneja. The teams were well prepared and undoubtedly convinced the audience of their belief and views. The Participants armed with statistics and data made their arguments very emphatic. The competition was an enthralling experience for the speakers as well as the audience. The winners of the competition were MPT Second Year Students.

### **Physiotherapy camp at Army War College, Mhow**



On the occasion of Silver Jubilee on 27<sup>th</sup> July 2021 MAHSI organized physiotherapy camp for soldiers and their families. Over 200 people were treated during the camp. Guidance for exercises and postural correction due to this changing lifestyle was given.

### **Physinova**

The silver Jubilee Programme “**Physinova**” of MGM Allied Health Sciences Institute was inaugurated on 30<sup>th</sup> July 2021 on online virtual platform. Chief Guest was Mr. Sumit Bose, IAS. Usha Thakur, Minister of Tourism,culture and spirituality gave her best wishes to the Institute. The event was streamed live on the You Tube channel of MAHSI MGMMC Indore.

### **Bone and Joint Day**

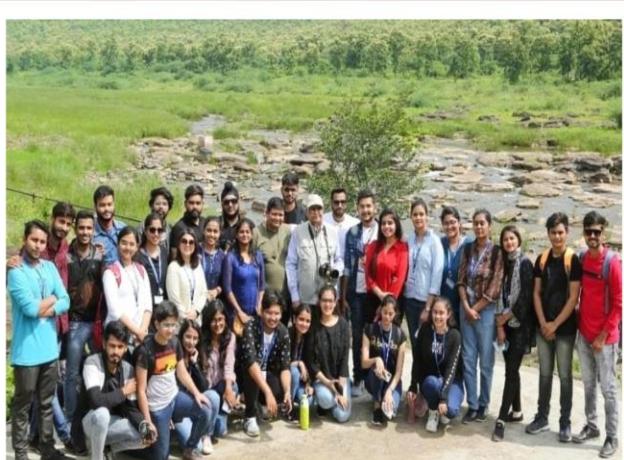
On 4 August 2021 Bone and Joint Day was celebrated in MAHSI in which the chief guest was Dr. Malay Kumawat, President Orthopedic Association, Indore and Dr. Tanmay, Secretary Orthopedic Association, Indore. Founder Director, MAHSI Dr. D.K Taneja talk about Osteoarthritis Management.

## **Library Day**



World Library Day was celebrated on 12<sup>th</sup> August 2021 in MAHSI. Dr.G.D. Agrawal, Retired Regional librarian, Indore was the chief guest.

## **Photography Day**



MAHSI celebrated World Photography Day by organizing Photography workshop, Camp and Competition. A Day before Photography competition, a workshop was conducted in MAHSI, in which presentations were shown to make students get awareness about how to capture a photo and the ‘Basics of photography’ by Fuji Films India company . It helped the students to enrich their knowledge about photograph. Next day students were taken to Camp- Choral Dam,Mhow, were participants were given the freedom to click photographs and they submitted the photos to the coordinator. After a fascinating day, students came back to the Institute, where captured photos was displayed to the audience and evaluated by judges. The Judge of the event were Dr.D.K. Taneja, Founder Director, MAHSI, Mr. Hans Kumar Jain, Senior Photographer, Indore and Mr. Lokesh Chormare, Photographer, Indore. And Mr. Sunil Sharma, Mentor Fuji Films Madhya Pradesh and Prizes goes to Bhavya Patidar (Bot 2020), Pragya Sharma (Bpt 2019) and Anshu salame (Mpt 2020).

## **WORKSHOPS**

### **Workshop on Educational Technology**

Teachers are important stakeholders of the education system, and empowering them with the right skills and tools, can lead to transformational change. A Training Workshop was conducted in MGM Allied Health Sciences Institute (MAHSI) on Educational Science Technology for Teachers of Health Professionals from 10<sup>th</sup> February 2020 to 19<sup>th</sup> February 2020.The main Objective of this Workshop was to train all participants to effectively select, evaluate and use appropriate technology and resources to create experience that advances student engagement and learning. The Workshop Director was Dr.Priti Taneja and coordinated by Mr.Vijay Kaushik, Professor, Physiotherapy (Neurology). Over Twenty-Six participants took part in this training Workshop. Faculty Members and MPT Students of MAHSI learnt about Educational Objectives, Taxonomy levels, Teaching Learning methods, concepts of Microteaching and also participated in various Group tasks .The Faculty members took an active part in making the Presentations in their respective Subjects. The Chief Guest of the function was Dr. Holkar, Dean, Index Medical College, Indore.

### **Workshop on Research Methodology**



A six day Training Workshop was organized by Dr. Priti Taneja on “Research Methodology” from 2<sup>nd</sup> March to 7<sup>th</sup> march at MAHSI .The participants were MPT Students of MAHSI and

Faculty Members. The Workshop covered various areas of techniques of Research from identifying Research Proposal to writing a Research Report. A total of 23 candidates participated in the workshop including Postgraduate Students and Faculty Members. The Participants gave a Presentation on the final day of the Workshop on the topic of research of their choice. The Workshop proved to be very educative and fruitful as a measure of faculty development Program.

## CPR TRAINING

Dr. K.K Arora, Professor, and HOD, Department of Anesthesia conducted Cardio Pulmonary Resuscitation (CPR) Training along with his departmental team on February 2020. It was attended by Faculty Members of MAHSI, MPT students and BPT Interns. The aim of the training was that participants would have enhanced spirit of volunteerism, know how to get help and how to provide correct information to the Call Center, while providing basic First Aid and CPR in the event someone's breathing or heartbeat has stopped. All the Participants gained on hands experience in the Training.

## MODIFICATION OF MAHSI

## COL C.K. NAYUDU SPORTS GALLERY



With an aim to provide exposure and awareness about Sports Injuries , Students of MGM Allied Health Sciences Institute (MAHSI), MGM Medical College, Indore under the supervision of Mr. Neeraj Singh, Assistant Professor , has set up "Col C.K. Nayudu Sports Gallery" first of its kind in Central India, which is named after cricket legend Late Colonel CK Nayudu , inaugurated on

26/01/2019 by Dr. Jyoti Bindal, Dean MGM Medical College, Indore in the presence of Ms. Sunalini, daughter of Col. CK Nayudu. The Gallery has Information about famous sports Personalities, Injuries they suffered and their Rehabilitation. Main sparkle of the gallery is the information about Paralympics Athletes, their disabilities, achievements and the role of Physiotherapist in their performance enhancement.

## MAHSI STAFF CAFFETERIA



The college cafeteria is the place that brings together all the Community Members Teachers, staff and it nourishes the relationship. Under the supervision of Ms. Pooja Kaushik, Demonstrator, Occupational Therapist (Pediatrics) a fresh, picturesque cafeteria was renovated coordination with following Students Mohazzaba Ansari, Mahima Fansare, Sonika Verma, Pallavi Dongra, Shivam Patel, Megha Nagar, Chetan ,Anjana, Muskan Kaur, Rohit Jadav, Paridhi Pagare, Divya Gurung, Neha Sharma, Anushka Dhulia, Shivanshu, Neha Pawar. This place was named as "EAT N TREAT" which was suggested by Natasha Verma BPT 2017 Batch student.

## DRISCOLL ROAD SAFETY GALLERY



Road Traffic Accidents are major cause of death among all age groups and the leading cause of death for young adults. With an aim to educate

young people about road safety, MAHSI has set up a “Driscoll Road Safety Gallery” under the supervision of Mr. Neeraj Singh, Assistant Professor with assistance of the following Students Deepali Jain, Shweta Jaiswal, Ritika Sony Rashi Bhatt, Pooja Solanki, Vishaka Dadhich, Shruti Patil, Nitisha Borasi. It helps in shaping the attitude and behavior of Young People, thereby ensuring that they become a responsible driver, passenger and pedestrian. Traffic Commissioner visited MAHSI Road Safety Room in 2020. He appreciated the work by the MAHSI students and also suggested some important points in making of Driscoll Road Safety Gallery.

### VISIT OF EMINENT PERSONS



During the renovation work of MAHSI, Indore Commissioner Mr. Akash Tripathi, visited the premises on 1<sup>st</sup> November 2019. He monitored the progress and was happy to see the fast and up to date Progress of the building . During his visit meeting was also held to discuss the methodology to be adopted and future planning to be done for formulation and running of Paramedical Course.



Dr. Pooja Shukla, Registrar, Paramedical Council, Bhopal visited MAHSI on 24 May 2020 and discussed some important issues regarding the Upgradation of Paramedical courses.

## छात्र-छात्राओं की उपलब्धियां

### कैंसर वेबिनार

पीपुल्स यूनिवर्सिटी भोपाल में पीपुल्स कॉलेज ऑफ पैरामेडिकल साइंस एंड रिसर्च सेंटर में कैंसर रिहेबिलिटेशन की उपयोगिता पर ऑनलाइन वेबिनार का आयोजन किया गया, जिसमें प्रियांशु गुप्ता जो कि पीपुल्स यूनिवर्सिटी की पूर्व छात्रा थी व अभी **M.P.T** द्वितीय वर्ष MAHSI की छात्रा है ,उन्होने इस विषय पर जागरूकता बढ़ाने की बात कही। प्रियांशु गुप्ता ने कहा कि फिजियोथेरेपी रोगी के उपचार और रिहेबिलिटेशन राज्य में सक्रिय भूमिका निभाती है। दर्द कैंसर का एक मुख्य लक्षण है जिसके उपचार में फिजियोथेरेपी एक प्रभावी तकनीक हो सकती है। वेबिनार के अंत में, पीपुल्स कॉलेज के प्रिसिपल ने प्रियांशु का आभार प्रकट किया।

### कस्तूरबा ग्राम शिविर

28 फरवरी 2020 को गांधी जी की जयंती एवं कस्तूरबा गांधी की पुण्यतिथि के अवसर पर महिला एवं बाल विकास विभाग जिला इंदौर एवं कस्तूरबा गांधी राष्ट्रीय स्मारक ट्रस्ट द्वारा मातृशक्ति सम्मेलन का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि इंदौर के सांसद श्री शंकर लालवानी जी थे। एम.जी.एम एलाइड हेल्प साइंस इंस्टीट्यूट (MAHSI) संस्थान की डॉ. प्रीति तनेजा ने युवा बालिकाओं एवं महिलाओं के स्वास्थ्य एवं पोषण के संबंध में कई बातें कहीं। न्यूट्रिशन कोर्स की छात्राओं एवं संस्था द्वारा विभिन्न भोज्य पदार्थों प्रदर्शनी भी लगाई गई। पोषण शिक्षा में जागरूकता अभियान के तहत पोस्टरों के माध्यम से किशोरावस्था में एनीमिया के कारण, लक्षण एवं उपचार को दर्शाया गया। स्वास्थ्य शिविर में करीब 180 महिलाओं एवं किशोर बालिकाओं में हीमोग्लोबिन का परीक्षण MAHSI के D.M.L.T छात्र छात्राओं द्वारा किया गया जिसमें सम्मिलित कुल महिलाओं एवं बालिकाओं में 52.7% एनीमिया से पीड़ित पाई गई। कस्तूरबा गांधी राष्ट्रीय स्मारक ट्रस्ट ने महिलाओं के लिए “मिस हीमोग्लोबिन” प्रतियोगिता का आयोजन किया था। इसके अंतर्गत इंदौर आंगनवाड़ी कार्यकर्ता उला का हीमोग्लोर्मिंबिन 13.1 ग्राम मिलने पर उन्हें मिस हीमोग्लोबिन का खिताब दिया गया।