

M.G.M. ALLIED HEALTH SCIENCES INSTITUTE (MAHSI)

M.P.T. THESIS / DISSERTATION PRESENT IN LIBRARY

S.No.	Name of Candidate	Batch 2012-15	Branch	Guide/Co-guide	Title	Remark
1	Bulbul Soni	2012	MPT Cardiothoracic	Prof. Ashish Mathur/Dr. Usha Patel	A study to compare blood pressure and heart rate response to various circuit stations in normotensive smokers and non-smokers	
2	Rekha Shukla	2012	MPT Sports	Prof. Ashish Mathur/Dr. Usha Patel	Assessment of core stability in wrestlers and its relationship to low back pain	
3	Anamika Uikey	2012	MPT Orthopaedics	Dr. Haribabu/Prof. Ashish Mathur	Analysis of incidence of low back pain in younger females wearing high heels and its effect on their flexibility	
4	Madhvee Sharma	2012	MPT Cardiothoracic	Dr. Haribabu Dr. Usha Patel	To study the prevalence of anxiety and depression in hospitalised COPD population and to assess correlation between psychological aspect and quality of life	
5	Meenu Jain	2012	MPT Sports	Prof. Ashish Mathur	A survey on the presence of the palmaris longus muscle in different sports population	
6	Purnima Joshi	2012	MPT Orthopaedics	Dr. Haribabu Prof. Ashish Mathur	Short term effects of kinesiotope v/s TENS in patients with mechanical low back pain	
7	Anurag Dubey	2012	MPT Orthopaedics	Dr. Haribabu	Effect of static stretching v/s eccentric training on hamstrings flexibility in normal healthy sedentary collegiates	

8	Nidhi Agrawal	2012	MPT Neurology	Dr. Ramhari Meena	Effect of modifies constraint induced movement therapy on paretic had	
9	Payal Hargovnkar	2012	MPT Orthopaedics	Dr. Haribabu Prof. Ashish Mathur	A comparative study between MET and MFR technique in myofascial neck pain syndrome	
10	Shikha Mehra	2012	MPT Neurology	Dr. Priyanshu Joshi	The efficacy of Apley's manoeuvre in patients with benign paroxysmal positional vertigo (BPPV PC) having dizziness and imbalance	
11	Dilip Shukla	2012	MPT Sports	Prof. Ashish Mathur	A comparative study between the efficacy of anterior thigh stretching and posterior thigh stretching on passive SLR	
12	Sapna Sharma	2012	MPT Neurology	Dr. Priyanshu Joshi	Efficacy of sensorimotor integration in patients with spastic cerebral palsy to improve gross motor function	
13	Swechcha chaurasia	2012	MPT Neurology	Dr. ramhari meena	comparative study: trunk pnf exercises V/s balance training in falling geriatric individuals	
14	Bhawani Rana	2013	MPT Neurology	Dr. Priyanshu Joshi/Dr. Usha Patel	Analysis of incidence of fear of falling and its relation between balance impairment and functional mobility in elderly population	
15	Vivek Mishra	2013	MPT Sports	Prof. Ashish Mathur/Dr. Usha Patel	Incidence and risk factors of upper limb and neck injuries in cricket players	
16	Ajay Bharti	2013	MPT Orthopaedics	Dr. Haribabu/Prof. Ashish Mathur/Dr. Usha Patel	The effect of anterior v/s posterior glide joint mobilization in improving external rotation ROM in patients with shoulder adhesive capsulitis	

17	Neha Tuteja	2013	MPT Orthopaedics	Dr. Haribabu/Prof. Ashish Mathur	Prevalence and risk factors of musculoskeletal pain among physiotherapy , dental and medical	
18	Naveen Moghi	2013	MPT Sports	Prof. Ashish Mathur/Dr. Usha Patel	Nature and pattern of lower extremity injuries in soccer players	
19	Mrigendra Tripathi	2013	MPT Orthopaedics	Dr. Haribabu/Dr. Usha Patel	Effect of Maitland spinal mobilization v/s conventional therapy in lumbar spondylosis with radiculopathy	
20	Deepshikha Pandey	2013	MPT Neurology	Dr. Priyashu Joshi	An experimental study: Effectiveness of Tai Chi for improving balance and preventing fall in older population	
21	Harsha Dole	2013	MPT Sports	Prof. Ashish Mathur/Dr. Usha Patel	To identify players with an elevated risk of musculoskeletal injuries in different sports based on functional movement screening	
22	Sonam Tiwari	2013	MPT Neurology	Dr. Priyanshu Joshi	An experimental study : efficacy of lateral glide in management of sciatic pain	
23	Priya thakur	2013	MPT Sports	Prof. Ashish Mathur Dr. Usha Patel	Prevalence of upper and lower extremities injuries in basketball players	
24	Anshi Sharma	2013	MPT Neurology	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Efficacy testing of retrowalking training in patients with hemiplegia-randomized control trial	
25	Neha Tiwari	2013	MPT Neurology	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Efficacy of neural mobilization on spasticity and functional movements of upper extremity of chronic stroke patients	

26	Ruchi Tiwari	2013	MPT Orthopaedics	Dr. Haribabu/Prof. Ashish Mathur	A comparative study on Mulligan mobilization (NAGS/SNAGS) with and without conventional exercises in management of mechanical neck pain and disability	
27	Kavita Tatwal	2014	MPT Neurology	Dr. Ramhari Meena	Effectiveness of yoga for improving balance and preventing fall in older population	
28	Maherukh Khan	2014	MPT Sports	Prof. Ashish Mathur/ Dr. Usha Patel	Effectiveness of Neuromuscular training program on balance among basketball layers	
29	Hemendra Maheshwari	2014	MPT Cardiothoracic	Dr. Priyanshu Joshi/ Dr. Usha Patel	A study on the effect of two selected bronchial drainage position with and without percussion on blood pressure and heart rate in healthy subjects	
30	Manan Lunawat	2014	MPT Sports	Prof. Ashish Mathur/ Dr. Usha Patel	Effect of plyometric training on the agility of badminton players	
31	Abhishek Tiwari	2014	MPT Neurology	Dr. Priyanshu Joshi/ Dr. Usha Patel	Efficacy of neurodynamic (openers and neural sliders) as a treatment in cervicobrachial syndrome	
32	Anil Patidar	2014	MPT Neurology	Dr. Priyanshu Joshi	Efficacy of myofascial release to improving balance, spasticity and fear of fall in chronic stroke patients	
33	Jaya Bhatkar	2014	MPT Sports	Prof. Ashish Mathur/ Dr. Usha Patel	To evaluate the effectiveness of F-MARC structured warm up program in improving flexibility in lower limb among soccer players	

34	Balram Parmar	2014	MPT Neurology	Dr.Ramhari Meena	Efficacy testing : role of kinesiotaping to enhance proprioception in hemiplegic	
35	Sangita Yadav	2014	MPT Sports	Prof. Ashish Mathur Dr. Usha Patel	A comparative study of static stretching with eccentric training on hamstring flexibility in cricket players to prevent the risk of injuries	
36	Ayushi Sule	2014	MPT Orthopaedics	Prof. Ashish Mathur Dr. Usha Patel	the efficacy of bridging with abdominal drawing-in maneuver on unstable support surface on lumbar stability of normal adults	
37	Parineeta binani	2014	MPT Orthopaedics	Prof. Ashish Mathur Dr. Usha Patel	Comparing effects of box taping and scapular stabilizatio taping along with the conventional exercise in subject with forward shulder posture	
38	Anurag Acharya	2014	MPT Orthopaedics	Prof. Ashish Mathur Dr. Usha Patel	To assess the effect of addition of hip abductor strengthening exercises on functioal outcome of total knee orthoplasty	
39	Neha hardia	2014	MPT Cardiothoracic	Dr. priyanshu joshi /Dr. usha patel	Efficacy of incentive spirometry on oxygen saturation and blood pressure after coronary artery bypass graft surgery	
40	Pooja shanware	2014	MPT Cardiothoracic	Prof. Ashish Mathur Dr. Usha Patel	Effect of muscenergy techniqe on chest expansion and dyspnea in chronic obstuctive pulmonary patinents	
41	krati Arora	2014	MPT orthopaedics	Dr. haribabu K.V. Prof. Ashish mathur	Effect of dynamic lumbar strengthening exercises and kinesio taping on chronic mechanical low bacom pain -A comparative study	

42	Brijendra singh	2014	MPT Cardiothoracic P.T.	Prof. Ashish Mathur Dr. Usha Patel	A comparison between pre and postoperative bedside pulmonary function test in bilateral total knee replacement surgery patent	
43	Swati Warwade	2015	MPT Cardiothoracic	Dr. Priyanshu Joshi/Dr. Usha Patel	Efficacy of deep breathing exercises with incentive spirometry and deep breathing exercises alone on chest expansion in patient after CABG surgery	
44	Richa Tripathi	2015	MPT Neurology	Dr. Ramhari Meena/Dr. Usha Patel	Comparative study: effects of modified constrained induced movement therapy v/s hand arm bimanual induced therapy in improving upper limb functional integrity of post-stroke hemiplegic patients	
45	Dinesh Kumar Singh Marco	2015	MPT Neurology	Dr. Priyanshu Joshi	Efficacy of the Bobath concept for abnormal tone of upper limb in chronic stroke patients	
46	Geetanjali Soni	2015	MPT Neurology	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Comparative study : Mulligan's Bent Leg Raise v/s neural mobilization in management of lumbar radiculopathy	
47	Vijaya Singare	2016	MPT Orthopaedics	Dr. Priyanshu Joshi/Dr. Usha Patel	Comparative study: effectiveness of standing and supine hamstring stretch in adults	
48	Archana Verma	2016	MPT Orthopaedics	Dr. Priyanshu Joshi Dr. Usha patel	A comparative study of ART (Active release technique) and joint mobilization in teenagers having chronic neck pain	
49	Ritu Yadav	2016	MPT Neurology	Dr. Priyanshu Joshi Dr. Usha patel	efficacy of task specific training with trunk restraint of functional recovery of upper limb stroke patient	

50	Vijaya Patel	2016	MPT Neurology	Dr. Priyanshu Joshi Dr. Usha Patel	Comparative study: Facial PNF v/s mime therapy in patients with bell's palsy	
51	Rishabh Jaiswal	2016	MPT Orthopaedics	Dr. Priyanshu Joshi/ Dr. Usha Patel	Comparative study of MFR with deep cervical flexor muscle strength training and SNAGs with deep cervical flexor muscle strength training in the cases of cervicobrachial pain	
52	Monika rathore	2016	MPT Neurology	Dr. Priyanshu Joshi/ Dr. Usha Patel	A study to compare the effects of kinesio taping versus cupping therapy in improving pain , range of motion and spasticity in post stroke hemiplegic shoulder pain patient	
53	Archana Bhagoriya	2016	MPT Orthopaedics	Dr. Ramhari Meena/Dr. Usha Patel	Comparative study of open chain versus close chain kinematics exercise to enhance proprioception and functional knee flexion range in patients with knee osteoarthritis	
54	Pavan Carpenter	2016	MPT Sports	Dr. Priyanshu Joshi/ Dr. Usha Patel	Comparative study : Mulligan traction straight leg rising and dynamic soft tissue mobilization o hamstring muscle flexibility in young player to prevent the risk of injury	
55	Sonali Mukati	2014-17	MPT Orthopaedics	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Efficacy testing of walking with talus taping on ankle dorsiflexion passive ROM in sprain ankle	
56	Ekta Verma	2014-17	MPT Orthopaedics	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Comparative study : Lower trunk PNF versus core stabilization exercises for reducing pain and improving functions with chronic low back pain	

57	Piyush Thakur	2015-18	MPT Orthopaedic	Dr. Ramhari Meena/Dr. Usha Patel	Cross-sectional study 'Prevalence of gluteus medius muscle weakness in people with non-specific chronic low back pain compared to healthy individuals	
58	Priyanka Lokhande	2017-19	MPT Neurology	Dr. Ramhari Meena/ Dr. Priyanshu Joshi	Efficacy testing- Vojta Therapy for trunk control in spastic Cerebral Palsy children	
59	Leena Marmat	2017-19	MPT Cardiothoracic	Dr. Usha Patel/Dr. Niketa Shobhit	Efficacy testing of endurance training on vital parameters in adult population with sedentary lifestyle	
60	Honey Chandwada	2017-19	MPT Neurology	Dr. Ramhari Meena/Dr. Jharna Gupta	Efficacy testing of PMRT for insomnia in younger adults and adults	
61	Prachi Gupta	2017-19	MPT Orthopaedics	Prof. Sneha Joshi/Dr. Usha Patel	To compare effectiveness of reverse distraction technique and passive capsular stretch in management of adhesive capsulitis	
62	Shweta Giri	2017-19	MPT Orthopaedics	Prof. Sneha Joshi Prof. Neeraj Singh	Efficacy testing of gluteal muscle strengthening exercises on low back pain and gluteal amnesia in college students	
63	Dhaneshwari kumari	2017-19	MPT Neurology	Prof. Priyanshu joshi prof.nikita shobhit	Efficacy of core and hip muscle stringthening exercise with neural mobilization versus neural mobilization alone in sciatica	
64	Divyaneer kaling	2018-2020	MPT-OBSTRATICS AND GYNAECOLOGICAL	DR. JHARANA GUPTA /DR.NEERAJ SINGH	AN EXPERMENTAL STUDY - EFFECTIVENESS OF HOME BASED EXERCISE PROGRAMS FOR DYSMENORRHEA IN COLLEGIATE FEMALES.	

65	MONIKA CHANDEL	2018-2020	MPT- NEUROLOGIC	DR. RAMHARI MEENA / DR. VIJAY KAUSHIK	AN OBSERVATIONAL STUDY IMPACT OF LOCKDOWN ON HEALTH RELATED QUALITY OF LIFE ON GERIATRIC POPULATION.
66	ARJUN SOLANKY	2018-2020	MPT- NEUROLOGIC	DR.VIJAY KAUSHIK/ DR. RAMHARI MEENA	A EXPERIMENTAL STUDY:- EFFICACY OF POSTURAL ORRECTIN EXERCISE IN CERVICOGENIC HEADACHE IN PEOPLE WITH FORWARD HEAD POSTURE.
67	PRIYANSHU GUPTA	2018-2020	MPT- NEUROLOGIC	DR. RAMHARI MEENA/ DR. VIJAY KAUSHIK	DESCRIPTIVE CROSS-SECTIONAL STUDY THE PREVALANCE OF NECK PAIN IN ADOLESCENTS & ADULTS DUE TO INCREASED SCREEN USE DURING COVID-19 LOCKDOWN
68	SWADEEP SHUKLA	2018-2020	MPT- NEUROLOGIC	DR.RAMHARI MEENA/ DR. PRIYANSHU JOSHI/ DR. NIKETA SHOBHIT	AN OBSERVATIONAL STUDY RELATIONSHIP BETWEEN FEAR OF FALLING AND QUALITY OF LIFE IN POST COVID-19 ELDERLY POPULATION
69	POONAM MALIKA SHRIVASTAVA	2018-2020	MPT- ORTHOPAED	DR. SNEHA JOSHI/DR. USHA SINGH	EXPERIMENTAL STUDY:- ON EFFECT OF MULTIPLE HOME BASED ECERCISE PROGEAMME ON SUBACUTEKNEE PAIN AND FUCTIONAL STATUS OF ELDERLY POPULATION DURING LOCKDOWN PERIOD DUE TO COVID-19.

70	EKTA SAHU	2018-2020	MPT- ORTHOPAED	DR. SNEHA JOSHI/DR. RAMHARI MEENA	DESCRIPTIVE CROSS-SECTIONAL STUDY: ON WORK RELATED MUSCULOSKELETAL DISORDERS AMONG PHYSIOTHERAPISTS AS ASSESSED BY STANDARDIZED NORDIC QUESTIONNAIRE AND JOB FACTOR QUESTIONNAIRE.
71	SAKSHI MAHESHARAM	2018-2020	MPT- CARDIO	DR. USHA SINGH/ DR. NEERAJ SINGH	BLOOD PRESSURE RESPONSE TO SUBMAXIMAL EXERCISE INDICATING RISK OF HYPERTENSION IN YOUNG ADULT WITH PARENTAL HISTORY OF HYPERTENSION.
72	JYOTI SAHU	2018-2020	MPT-NEUROLOGIC	DR. PRIYANSHU JOSHI/ DR. USHA SINGH	COMPARATIVE STUDY: ON COMPARATIVE ANALYSIS BETWEEN CORE STRENGTHENING EXERCISE WITH DIAPHRAGMATIC BREATHING AND CORE STRENGTHENING EXERCISE ALONE IN THE TREATMENT OF STRESS INCONTINENCE IN POSTMENOPAUSAL WOMEN.
73	NEHA KHANDARE	2018-2020	MPT- ORTHOPAED	DR. SNEHA JOSHI/ PRIYANSHU JOSHI	A COMPARATIVE STUDY TO FIND OUT THE EFFECTIVENESS OF ACTIVE RELEASE TECHNIQUE& SELF STRETCHING ALONG WITH CONVENTIONAL TREATMENT IN THE MANAGEMENT OF LEVATOR SCAPULAE SYNDROME.

74	NEELES KUMAR	2019-2021	SPORTS PHYSIOTHERAPY	DR. NEERAJ SINGH/DR. RAMHARI MEENA	EFFECT OF LATTIMUSS DORSI MUSCLE ACTIVATION EXERCISE ALONG WITH CORE MUSCLES ACTIVATION ECERCISE IN PACE BOWLER HAVING SHOULDER PAIN IN CRICKETER	
75	DEEPALLI JAIN	2019-2021	SPORTS PHYSIOTHERAPY	DR. NEERAJ SINGH/DR. USHA SINGH	TO COMPARE THE EFFECT OF CIRCUIT TRAINING ,PLYOMETRIC TRAINING AND RESISTANCE TRAINING ON THROWING VELOCITY IN YOUNG BASEBALL PLAYERS	
76	DEEPAK SEN	2019-2021	SPORTS PHYSIOTHERAPY	DR. RAMHARI MEENA/ DR.NEERAJ SINGH	PPREVALENCE OF SHOULDER AND ELBOW PAIN AMONG SOFTBALL PLAYER	
77	SHWETA JAISWAL	2019-2021	SPORTS PHYSIOTHERAPY	DR. NEERAJ SINGH/ DR. JHARNA GUPTA	TO STUDY THE EFFECT OF POSTERIOR OBLIOUE SLING ACTIVATION ECERCISES ON PERFORMANCE PARAMETERS IN VOLLEYBALL FEMALE PLAYERS	
78	SOHAN SINGH	2019-2021	SPORTS PHYSIOTHERAPY	DR. NEERAJ SINGH/DR. USHA SINGH	EFFECT OF LOWER LIMB ECCENTRIC EXERCISES ON AGILITY IN CRICKETERS	
79	HEERA MANI KORI	2019-2021	ORTHOPAEDIC	DR. SNEHA JOSHI/ DR. USHA SINGH	EFFICACY OF MODIFIED TRAMPOLINE TRAINING IN IMPROVING BVALANCE AND FUNCTIONAL STATUS IN THE MANAGEMENT OF KNEE OSTEOARTHRITS.	

80	THAKESHWER	2019-2021	ORTHOPAEDIC	DR. SNEHA JOSHI/DR. PRIYANSHU JOSHI	TO ASSESS THE EFFECT OF ILIOTIBIAL BAND STRETCHING AND HIP ABDUCTOR STRENGTHENING ON PAIN FUNCRIION AND O- ANGLE IN THE PATIENT WITH CHONDREOMALACIA PATELLAE
81	KHUSHBOO KUIYA	2019-2021	ORTHOPAEDIC	DR. SNEHA JOSHI / DR. VIJAY KAUSHIK	TO DETERMINE THE ETECT OF ILIOPSOAS MET ALONG WITH THE CONVENTIONAL THERAPY ON PAIN, FUNCTIONAL DISABILITYY AND LUMBARLORDOSIS IN THE PATIENTS WITH NON- SPECIFIC LOW BACK PAIN.
82	DIVYA CHOUHAN	2019-2021	ORTHOPAEDIC	DR. SNEHA JOSHI / DR. VIJAY KAUSHIK	TO DETERMINE THE EFECTIVENESS TIBIALIS POSTERIOR STRINGTHENING ALONG WITH CONVENTIONAL THERAPY ON ANKLE DORSIFLEXION RANGE OF MOTION, FUCTIONAL STATUS AND NAVICULAR POSITION IN PATIENTS WITH PLANTAR FASCIITIS.
83	SALSHI GUPTA	2019-2021	NEUROLOGY	DR. PRIYANSHU JOSHI / DR VIJAY KAUSHIK	"COMPARATIVE ANALYSIS OF TASK SPECIFIC EXERCISIS V/S MIRROR THERAPY TO IMPROVE HAND FUNCTION IN SUB ACUTE AND CHRONIC POST STROKE PATIENTS"

84	RAKHEE HOTE	2019-2021	NEUROLOGY	DR.VIJAY KAUSHIK/ DR. RAMHARI MEENA	EFFECT OF COGNITIVE MOTOR DUAL TAK TRAINING ON BALANCE PROGRAM COGNITION AND WUALITY OF LIFE IN ELDERLY POPULARION WITH BALANCE IMPAIRMENT (EXPERIMENTAL STUDY)"	
85	HEMANT VERMA	2019-2021	NEUROLOGY	DR. PRYANSHU JOSHI/DR NIKETA SHOBHIT	"EFFECT OF COGNITIVE SENSORY MOTOR TRAINING ON TRHE RECOVERY OF ARM FUNCTION IN POST- STROKE PATIENTS" A RANDOMIZED CONTROLLED STUDY"	
86	POOJA MEWATI	2019-2021	NEUROLOGY	DR.NIKETA SHOBHIT/DR. JHARNA GUPTA	THE C OMPARATIVE STUDY BETWEEN EFFECTS OF KINSIO TAPPING VS SWISS BALL ECERCISE IN CHILDREN WITH SPASTICITY AND DELAYED MILESTIONE.	
87	DEEPALI JAIN	2019-2021	NEUROLOGY	DR. RAMHARI MEENA/DR. PRIYANSHU JOSHI	COMPARATIVE STUDY ON EFFECT OF PELVIS PNF V/S SWISS BALL TRAINING WITH CONVENTIONAL PHYSIOTHERAPY TO IMPROVE TRUNK STABILITY IN SPASTIC CEREBRAL PALSY	
88	ANKIT RATHOR	2019-2021	CARDIO	DR. USHA SINGH /DR. RAMHARI MEENA	EFFECT OF MOBILISATIONS MANEUVER AND DIAPHRAGMATIC RELEASE MANEUVER ON CARDIAC AUTONOMED CONTROL IN HEALTHY INDIVIDUALS"	